



Parents and caretakers,

We want you to know that your child's success in school and beyond is our top priority. Student success starts with eating nutritious meals and staying hydrated.

During the summer, when children are not getting meals at school, many children are at risk of hunger, which makes them more likely to experience health issues and fall behind.

Summer Nutrition Programs that provide meals to children are offered in most counties in North Carolina. Summer Nutrition Programs are free for students 18 years old and younger and require no registration. These programs also help students engage in educational and enrichment opportunities, including summer reading programs.

Summer Meal sites will be serving students from mid-May through August. Flip this letter over to see how you can find Summer Meal sites near you. You can help our children by spreading the word about Summer Nutrition Programs. Find more information about Summer Nutrition Programs at www.nokidhungrync.org/summer.

Together, we can nourish the whole child. Thank you for partnering with us on this important mission.

Mark Johnson
NC Superintendent of Public Instruction
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**FREE
SUMMER
MEALS**

are available for children and teens when school is out! All children 18 and under are welcome. No registration is required.

DID YOU KNOW?

Students can also engage in Educational Enrichment while getting free meals. You can learn more at <https://childnutrition.ncpublicschools.gov/programs/sfsp>

TO FIND A SUMMER MEALS SITE CLOSE TO YOU:

Para encontrar un lugar de comidas de verano cerca de ti:

Text "FOODNC" to 877-877

Envie "FOODNC" al 877-877

Call 1.866.3HUNGRY (1.866.348.6479)

Llame 1.877.8HAMBRE (1.877.842.6273)

Scan the QR
CODE for free
summer meal
locations:

