

Daily Schedule for Occupational Preparation 1, 2, 3 and 4

8:00 to 9:00- Practice good hygiene! Brush teeth, get a shower or bath and get dressed for the day.

9:00 to 11:00-PBS.org Go to this site, select TV Schedules, then click on the “Education” tab on top, Under the middle section “American Graduate/Workforce Development” Go to the bottom and select “American Graduate Getting to Work Videos” There is a whole library of different career videos. Watch these and keep a journal or make a video of what you learned from each.

There are MANY other educational resources on this page and on this television channel. I’m not sure which number it will be on your TV but it is 27 WUNW on mine.

11:00 to 1:00- Prepare lunch, eat and then get outside, exercise, put together a puzzle, play a game, etc.

1:00 to 3:00- email me mwallace@caldwellschools.com to let me know how you are and if you need anything.

I Love You Guys!

Ms. Wallace