

46025-75012-00 2.9 oz Cinn Glaz Whole Gr French Toast Sticks

09/25/2014

## Nutrition Facts

Serving Size (82g)  
Servings Per Container

Amount Per Serving

**Calories 210**    **Calories from Fat 80**

% Daily Value\*

**Total Fat 9g**                      **14%**

    Saturated Fat 2g                **10%**

    Trans Fat 0g

**Cholesterol 105mg**                **35%**

**Sodium 280mg**                      **12%**

**Total Carbohydrate 26g**            **9%**

    Dietary Fiber 3g                **12%**

    Sugars 11g

**Protein 8g**

Vitamin A 4%                      • Vitamin C 0%

Calcium 8%                        • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

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