

**Child Nutrition Meal Pattern Contribution**  
**Basic American Foods SKU 76468**  
**Potato Pearls EXCEL® Original Recipe Mashed Potatoes, 12/28oz pouches**

**Product Formulation Sheet:**

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
<b>Total Creditable Vegetable Amount:</b>		<b>1.00 / 2.00</b>		<b>Total Cups Starchy:</b>	<b>0.25 / 0.50</b>



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	9.94 g	19.88 g	
Calories*	35 g	70 g	
Protein*	less than 1g	1 g	
Carbohydrate*	7 g	15 g	
Dietary Fiber*	less than 1g	1 g	
Sugars*	0 g	less than 1g	
Total Fat*	0.5 g	1 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	0 g	0 g	
Cholesterol*	0 mg	0 mg	
Iron	0.09 mg	0.19 mg	
Calcium	3.55 mg	7.09 mg	
Sodium*	160 mg	320 mg	
Potassium*	60 mg	120 mg	
Vitamin A	0.95 IU	1.90 IU	
Vitamin C	3.19 mg	6.38 mg	

\* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.08 oz	1/4C Vegetable/Starchy	79.87	958.44
4.16 oz	1/2C Vegetable/Starchy	39.94	479.28

**Ingredients:** Potato (Dry), Canola Oil (Preserved with Citric Acid and BHT), Salt, Contains 2% or Less of: Artificial Color, Mono and Diglycerides, Natural and Artificial Flavor, Freshness Preserved with Sodium Bisulfite and BHT. Contains Milk and Sulfite.

**Packaging and Storage Information:** Store cool dry (less than 80 degree F); 270 Days (minimum).

**Preparation and Cooking Instructions:**

1: Pour: Pour one gallon (3.8 L) and one cup water (170-190°F) into 6" deep half steamtable pan. 2: Add potatoes & stir: Stirring rapidly with a slotted spoon quickly pour entire pouch of potatoes into water. Continue to stir for 15-20 seconds making sure to cover all four corners. 3: Sit: Allow potatoes to sit for 5 minutes. 4: Stir well: Serve.

**Nutrition Claims:** Gluten Free, Kosher Dairy

I certify that the above information is true and correct when prepared according to directions.

**Joe E. Bailey, Regulatory Operations Manager**

**1/6/2016**  
**201135/13**