

Guidance for Quarantining:

★ *CCS will not accept Home COVID Tests*

Quarantine due to Illness :

1. **Confirmed positive COVID-19 test OR declines testing:**

Quarantine for 10 days from symptom onset. May return on the 11th day without fever or use of fever-reducing meds for 24 hours AND symptoms have improved.

2. **Negative COVID-19 test**

Rapid Antigen: Remain on quarantine for 10 days or until follow up PCR negative test results are confirmed.

Rapid PCR (Abbott ID): May return to school with verified negative PCR test results. See note below in this section.

Laboratory send-out PCR: Remain on Quarantine until negative results are confirmed.

Note: May return to school with above testing criteria without fever or use of fever-reducing medications AND they have felt well for 24 hours.

3. **Differential Diagnosis other than COVID-19 (e.g., stomach virus, ear infection):**

Follow normal school policies to return to school which include: No fever or symptoms for 24 hours (without the use of fever reducing medicine), AND a note from their medical provider.

Quarantine due to Exposure:

Definitions

Close Contact: *Individual who was within 6 feet of a positive COVID-19 case for at least 15 minutes cumulatively over a 24 hour period.*

Fully vaccinated: *Individuals are considered fully vaccinated 2 weeks after their 2nd COVID vaccine has been administered.*

For individuals exposed to COVID-19 **who are not fully vaccinated, who have not been diagnosed with COVID-19 within the last 90 days** and / or were in situations where one or more parties were **not wearing a mask**, individuals must follow below guidelines.

- **Asymptomatic (no symptoms) Individuals:**

→ Asymptomatic Close Contacts need to be quarantined for 10 days after last known exposure to a positive person. Once they return to school they will need to continue to self-monitor for symptoms for the full 14 days as recommended by the CDC.

◆ If at any time individuals begin having symptoms, they will need to quarantine and contact their physician for advice.

- **Exception** – If an asymptomatic individual decides to be tested for COVID-19
 - On day 5, after the last known exposure to the positive individual they may test with a PCR test. They will continue to stay at home and self-quarantine for a full 7 days.
 - May return to school if PCR results are **negative** on the 8th day after exposure (**Individuals must provide school with proof of negative results!**)
 - If their test is positive, then they'll need to continue to quarantine themselves to protect others from getting infected for 10 days from the test date.
 - **Please note that close contacts who are household members (i.e. someone in the household tested positive for COVID -19) will remain in quarantine for the full 10 days due to continuous exposure.**

- **For Symptomatic Individuals:**

- Symptomatic Close Contacts should consult their physician and consider testing for COVID.
 - ◆ Symptomatic Close Contacts will need to quarantine for 10 days since their first symptoms appeared
 - After 10 days, they may return to school after 24 hours fever-free without use of fever-reducing medications **and** any other symptoms of COVID-19 have improved.

NOTE: Asymptomatic students who have provided verification (with permission) of being **fully vaccinated OR **had a positive COVID-19 test in the last 90 days**, OR **were in situations in which both parties are wearing a mask** do not need to Quarantine for an exposure. Asymptomatic staff members who have provided verification of being **fully vaccinated** OR **had a positive COVID-19 test in the last 90 days**, do not need to quarantine for an exposure. If students / staff begin having symptoms within the 14 day period after exposure then they must self-quarantine, notify the School nurse and seek advice from their physician. **For fully vaccinated students/staff with no symptoms**, the CDC recommends getting tested 3-5 days after exposure and wearing a mask in indoor settings around others until receiving a negative test result.**

Note: Principals/Supervisors/School Nurses/Health Officials hold the right to determine who will need to quarantine based on close contact exposure. Quarantines are based on the information that is collected, therefore guidance from school health officials may vary based on individualized situations.