

Physical Education Units		
Kindergarten	1st /2nd Grade	3rd /4th /5th Grade
Intro to Physical Education:	Intro to Physical Education: Movement/ Cooperation	Intro to Physical Education: Movement/ Cooperation
Movement/ Cooperation	Gaga Ball	Gaga Ball
Throwing/ Catching	Flying Disc	Flying Disc
Striking	Soccer	Soccer
Fire Safety	Fire Safety	Fire Safety
Fall Fitness Gym	Fall Fitness Gym	Fall Fitness Gym
Flag Football	Flag Football	Flag Football
Cooperatives	Cooperative	Cooperatives
Winter Wonder Gym	Winter Wonder Gym	Winter Wonder Gym
Review Units	Review Units	Review Units
Basketball	Basketball	Basketball
Tennis	Tennis	Tennis
Fitness	Fitness	Fitness
Golf	Golf	Golf
Recreation Games/ Activities	Recreation Games/ Activities	Recreation Games/ Activities

Physical Education

D.O.G.S

Do Your Best

Give 100%

Obey Safety Rules

Play Safe

Give Respect

Encourage Everyone

Show Responsibility

Play by the Rules