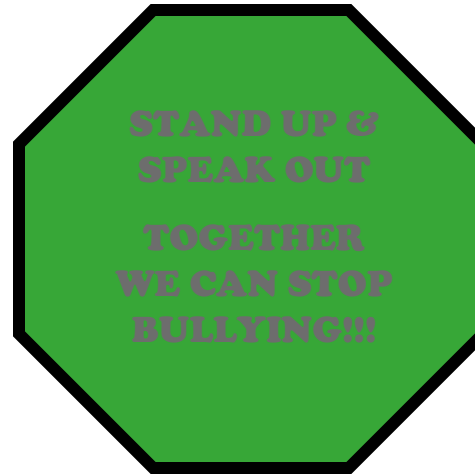


Bullying Intervention: How to Help

1. Refuse to tolerate bullying.
2. Provide support to the student who has been victimized.
3. Understand that children who bully have often been bullied themselves and may also need support.
4. Remember, although students who bully may need support, they still need an immediate and appropriate consequence to address the bullying behavior.
5. Educate students and faculty/staff on the proper way to help when bullying is observed to avoid the bystander effect.

A Parent's Guide to Bullying

If you believe that your child is being bullied and would like to make a report, there are options. You may contact your child's school counselor or an administrator at the school. You may also visit the Caldwell County Schools website, click on the students tab, and then the bullying tab. There is a bullying form available there.



How Much Do You Know? (Answers)

1. More than 25% of students report being bullied.
False – 20.8% of students report being bullied.
2. Those who are cyberbullied are also likely to be bullied offline.
True
3. Bullying has to be physical in nature.
False - there are several different forms of bullying.
4. 43% of bullied students report notifying an adult at school about the incident.
True
5. Bullying occurs most often in the classroom.
False – Bullying occurs most often in hallways or stairwells at school.

*Bullying Statistics. (n.d.) Retrieved October 9, 2019, from <https://www.pacer.org/bullying/resources/stats.asp>

*Bullying Prevention: A Parents Guide to Bullying behavior. (n.d.). Retrieved from <https://www.windsor-csd.org/Downloads/parent%20brochure.pdf>

Bullying Prevention: A Parent's Guide to Bullying Behavior



Hudson Elementary School: Working with YOU to do what is BEST For YOUR CHILD.



<https://www.caldwellschools.com/hes>

Parents play a vital role in ensuring a safe and productive learning environment!

Let's synergize!!!

Bullying Defined

Bullying takes place when an individual or a group of people with more power, repeatedly and intentionally cause hurt or harm to another person or group of people who feel helpless to respond.

At Hudson Elementary School, our school mission is to facilitate academic excellence and inspire all students to reach their full potential. An important part of making that happen is creating a safe school environment. As parents, YOU play a vital role in helping US help the STUDENTS. Because less than ¼ of students report bullying, we do not always know when bullying takes place. Students often feel more comfortable divulging what is happening to their parents. We need your help to reduce bullying behaviors!

This brochure contains information on statistics related to bullying, our school motto, and what you as a parent can do if you are concerned that your child is being bullied.

Please take a few minutes to review this important information. Contact information is available on our website if you have any questions or concerns.

* About Our School / Mission and Vision. (n.d.). Retrieved October 9, 2019, from <https://www.caldwellschools.com/Page/12826>

*Definition of Bullying: National Centre Against Bullying. (n.d.). Retrieved October 22, 2019, from <https://www.ncab.org.au/bullying-advice/bullying-for-parents/definition-of-bullying/>

3 Key Components of Bullying Behavior

- Involves aggressive behavior that is intentional
- Typically includes a pattern of behavior repeated over time
- Creates an imbalance of power or strength

Effects of Being Bullied

- Low self-esteem
- Depression and anxiety
- Absenteeism and lowered school achievement
- Thoughts of suicide

Some Reasons Students May Bully

- Seeking attention (even if it's negative)
- Imitation (observing aggressive behaviors)
- An attempt to fit in
- They have been bullied themselves
- To feel better about themselves

National Statistics

- 33% of students who reported being bullied at school indicated that they were bullied at least once or twice a month during the school year.
- More than half of bullying situations (57%) stop when a peer intervenes on behalf of the student being bullied.
- The reasons for being bullied reported most often by students include physical appearance, race/ethnicity, gender, disability, religion, and sexual orientation.

*Why Do Kids Bully? (n.d.). Retrieved October 9, 2019, from <https://www.stompoutbullying.org/get-help/about-bullying-and-cyberbullying/why-do-kids-bully>

Our School Motto: Hudson Hornets...

H -- Help Out
E -- Exhibit Respect
S -- Stay Safe

What You Can Do As a Parent

1. Talk with your child and ask if he/she is being bullied.
2. Ask if he/she knows anyone who has been bullied.
3. Watch for changes in your child's behavior that may indicate an incident has occurred.
4. Encourage your child to report to adults as soon as the bullying happens. (Early intervention is key.)
5. Report any concerns to your child's teacher, school counselor, or principal.

How Much Do You Know?

True/False

1. More than 25% of students report being bullied.
2. Those who are cyberbullied are also likely to be bullied offline.
3. Bullying has to be physical in nature.
4. 43% of bullied students report notifying an adult at school about the incident.
5. Bullying occurs most often in the classroom.