

Guidance for COVID/Quarantining:

★ *Home COVID Tests:*

- **Negative and Positive Results will be accepted by Caldwell County Schools.**

Quarantine due to Illness:

1. **Confirmed positive COVID-19 test OR declines testing:**

Quarantine for 5 days from onset of symptoms or positive test date. May return back to work/school on day 6 if fever free and symptoms are improving. Individuals are strongly recommended to continue mask wearing for an additional 5 days.

2. **Negative COVID-19 test:**

May return to school with a negative antigen or PCR test as long as your symptoms are better and no fever for 24 hours without the use of fever-reducing medications. Wait at least 24 hours before returning to work/school with a negative test result. Continue to monitor for symptoms.

3. **Differential Diagnosis other than COVID-19 (e.g., stomach virus, ear infection):**

Follow school board policies to return to school which include: No fever for 24 hours (without the use of fever reducing medicine) AND provide a release to return to school from their medical provider.

Exposures:

Close Contact to Immediate Family: If someone is exposed to a positive person living in the same household and *you do not have symptoms*, then you **DON'T** have to be quarantined and you can return to work/school, in a mask which is highly recommended and watch for symptoms for 10 days. It is recommended to get tested on day 5 of the exposure. If symptoms develop then immediately isolate at home and get tested.

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