

Name: _____

Date: _____

PO1 Exam

1. Which one of the following is NOT a purpose of first aid?
 - A. To gain insights on safety prevention
 - B. To prevent further injury
 - C. To save a life
 - D. To minimize or prevent infection
 - E. Enter answer text...

2. What are the three essential components of maintaining life?
 - A. Shelter, clothing, and positive attitude
 - B. Proteins, fats, and carbohydrates
 - C. Personal protection, nutrition, and health
 - D. water, food, fire

3. Which of the following burns involve only the top layer of the skin
 - A. First Degree burns
 - B. Surface burn
 - C. fourth degree burn
 - D. second degree burn

4. Geographical features identified in green on an orienteering map are...
 - A. rock features such as boulders and cliffs
 - B. vegetation requiring unusual effort to traverse
 - C. Both A and B
 - D. Nither A and B

5. An adequate shelter...
 - A. Serves as a place to rest, and protection from the effects of the environment
 - B. Enter answer text...
 - C. Enter answer text...
 - D. Enter answer text...

6. The command PARADE, REST for the guidon bearer is executed in ____ count(s)
 - A. four
 - B. three
 - C. one
 - D. two

7. The execution of carry guidon from order guidon is begun on the preparatory command of a movement such as
 - A. CARRY, GUIDON
 - B. MARCH, FORWARD
 - C. FORWARD, MARCH
 - D. READY, GUIDON

8. which of the following steps is correct in folding the flag?
 - A. fold the flag anyway possible
 - B. fold the flag with all colors parallel to the blue and white stripes
 - C. fold the flag the long way so the crease parallels the red and white stripes
 - D. none of the above

9. which of the following executes "present arms" at the preparatory command, PRESENT?
 - A. right rifle
 - B. national color
 - C. organization color
 - D. left rifle

10. Male sideburns will be neatly trimmed and trailored and shall not exceed below a point level with the
 - A. lower part of the jaw
 - B. bottom of the ear lobe
 - C. top of the ear
 - D. middle of the ear

11. Sunglasses may be worn with the approval of the naval science instructor and with the following restrictions:
 - A. sunglasses must be conservative
 - B. never worn while in formation
 - C. never worn with retainer straps
 - D. all the above

12. how is the most senior ribbon worn on the uniform shirt when more than ribbon is worn?
- A. on the bottom row and outboard
 - B. on the top row and outboard
 - C. on the bottom row and inboard
 - D. on the top and inboard
13. what is the maximum length that the hair of a female cadet may be?
- A. 2 inches
 - B. 3 inches
 - C. no limit
 - D. 4 inches
14. what is the maximum bulk allowable for female cadet hair?
- A. no limit
 - B. 3 inches
 - C. 2 inches
 - D. Enter answer text...
15. the black relaxed fit jacket may be worn with all uniform except the ___ uniform
- A. winter working blue
 - B. working khaki
 - C. service dress blue
 - D. summer blue
16. for which NJROTC rating is there no collar device?
- A. petty officer second class
 - B. chief petty officer
 - C. seaman apprentice
 - D. seaman recruit
17. a cadet lieutenant commander is designated by a collar device of
- A. two attached gold bars
 - B. three attached gold bars
 - C. five attached gold bars
 - D. four attached gold bars

18. how many paygrade of admiral exist?
- A. 1
 - B. 2
 - C. 3
 - D. 4
19. a paygrade of 0-2 carries the title
- A. lieutenant
 - B. ensign
 - C. lieutenant junior grade
 - D. first lieutenant
20. what item is NOT inspected at a personnel inspection?
- A. neck properly shaved
 - B. good posture
 - C. clothes that fit properly
 - D. sword
21. what are the five food groups?
- A. poultry, meat, fish, vegetable, fruit
 - B. red meat, citrus, vegetable, oils, fruit
 - C. milk, meat, vegetable, fruit, grain
 - D. grain, poultry, rice, juice, vegetable
22. The advantage to exercising is
- A. enjoying life
 - B. looking good
 - C. being healthy
 - D. all of the above are correct
23. the 1.5-mile-run is included in the total physical fitness measurement because of the importance of seeing how effective the heart and lungs work to deliver oxygen to the body
- A. true
 - B. false
 - C. Enter answer text...
 - D. Enter answer text...

24. the 40-inch "distance" in military drill refers to the
- A. space between the chest of one cadet and the back of the cadet ahead
 - B. length of the double time step
 - C. length of the dress right, dress movement
 - D. space measured between individuals from shoulder to shoulder, on the same line
25. when overtaking an officer on foot, the salute should be given
- A. when abreast of the officer
 - B. six paces behind the officer
 - C. whenever you request "by your leave, sir/ma'am"
 - D. never ... it won't be seen, so why salute?
26. The demilitarized mark 5 or mark 6 service rifle may also be called the
- A. m-2 rifle
 - B. m-4 rifle
 - C. m-1 rifle
 - D. m-3 rifle
27. the etiquette of the sword is more often called which of the following?
- A. samurai
 - B. bladesmanship
 - C. unworthy of honor
 - D. manual of the sword
28. when the platoon is formed in line at normal interval, where is the platoon commander positioned?
- A. 4 paces in front of and left of the platoon
 - B. 6 paces in front and centered on the platoon
 - C. 8 paces in front of and right of the platoon
 - D. 10 paces in front of and centered on the platoon
29. Which hand removes your cover when the command "UNCOVER TWO" is given
- A. Right hand
 - B. Left Hand
 - C. Both hands
 - D. There is no such command

30. All drill movements are to be executed with _____. If performed in cadence, they should be done in _____ time.
- A. snap..., quick
 - B. crispnes..., double
 - C. togetherness..., single
 - D. teamwork..., half
31. The heel of the butt should be placed at or near the toe of the right foot when at order arms
- A. True
 - B. False
 - C. Enter answer text...
 - D. Enter answer text...
32. Report all violations or orders I am instructed to enforce.
- A. 10
 - B. 3
 - C. 2
 - D. 8